

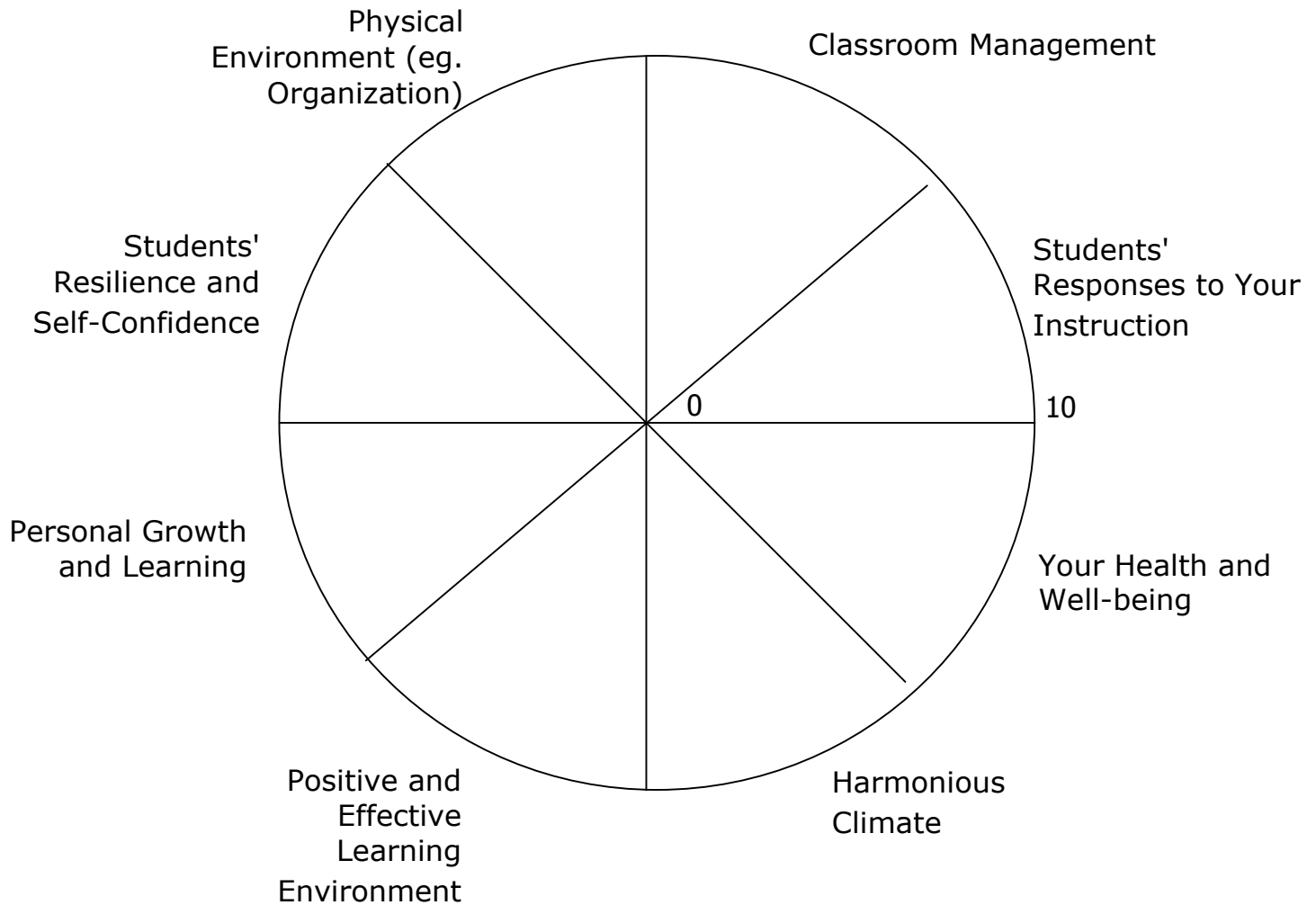


# The Wheel of School Life

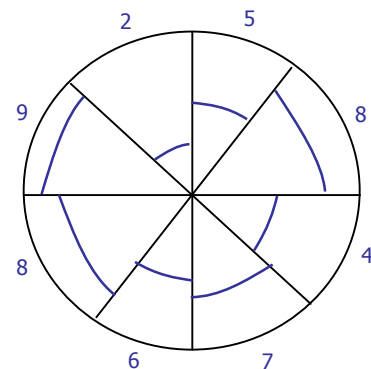
## SUCCESS AND MASTERY COACHING

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_



### EXAMPLE



### WHEEL OF LIFE INSTRUCTIONS

The 8 sections in the Wheel of Life represent balance.

- ✦ Please change, split or rename any category so that it's meaningful and represents a balanced school life for you. Next, taking the center of the wheel as 0 and the outer edge as 10, rank your **level of satisfaction** with each area out of 10 by drawing a straight or curved line to create a new outer edge (see example)
- ✦ The new perimeter of the circle represents **your** 'Wheel of School Life'. Is it a bumpy ride?

**Think about (and jot down a few ideas describing)** what SUCCESS feels like for each area.